

**Govt. Degree College for Women Kathua, J&K**

---

# ***Newsletter***

(Jan-Jun 2023)

# **IRAWATI**

**Volume-II**



**Govt. Degree College for Women, Kathua (J&K)-184101**

**Phone: 01922-232647,**

**Email: [womencollegekathua@gmail.com](mailto:womencollegekathua@gmail.com)**

**Website: [www.gdcwkathua.in](http://www.gdcwkathua.in)**

# VISION, MISSION and VALUES

## VISION

- ❖ To act as a Centre of knowledge and wisdom providing high quality, accessible and affordable higher education to all sections of the society.
- ❖ To prepare students to be thoughtful, responsible and successful citizens to meet the challenges of a collaborative and competitive globalized environment.

## MISSION

- ❖ To facilitate intellectual stimulation to generate, maintain and disseminate knowledge.
- ❖ To empower women by providing them essential academic skills, career development opportunities and entrepreneurship.
- ❖ To constantly upgrade the infrastructure, facilities and learning resources of the institution.
- ❖ To introduce new multidisciplinary courses in lieu of their acceptance, viability and marketability in alignment with NEP-2020.
- ❖ To evaluate, improve and upgrade programs and policies that can inculcate creative, innovative and critical thinking.
- ❖ To create awareness of NEP-2020 among faculty, students & other stakeholders.

## VALUES

- ❖ Academic Integrity and Accountability
- ❖ Learning, Growth and Intellectual Excellence
- ❖ Respect and Tolerance for the views of every individual
- ❖ Community, Education and Industry Partnerships
- ❖ Quality, Transparency, Compliance and Sustainability

## Principal's Message

यः पठति लिखति पश्यति  
परिपृच्छति पण्डितानुपाश्रयति।  
तस्य दिवाकरकिरणैः नलिनीदलमिव विस्तारिता बुद्धिः ॥”

*“One who reads, writes, sees, inquires, lives in the company of learned, his intellect expands as the lotus petals expand due to the rays of sun.”*

*“Success comes to those who work hard and stays with those who don't rest on past laurels.”*

Government Degree College for Women in Kathua commenced its journey in 2005 with the noble objective of providing

education to young women, fostering their empowerment towards financial independence, social awareness, moral uprightness, and emotional balance. The institution is a harmonious blend of proficient educators, cutting-edge infrastructure, an experienced and efficient management team, and a secure and supportive environment, ensuring a well-rounded experience for its students encompassing academics, sports, arts, and social activities. Our institution is committed to nurturing not only the intellectual growth but also the emotional development of our students. We believe in empowering them to cultivate self-esteem, self-awareness, and self-confidence. Given the diverse cultural and linguistic backgrounds of our student body, we emphasize the significance of tolerance and respect for each other's languages and cultures. Discipline, democratic values, and integrity form the bedrock of our institution. Our vision extends beyond academic success; we aspire to produce conscientious, confident citizens of India. We aim to equip our students with the skills and values necessary to venture into the world, making significant contributions and bringing pride to our institution. At Government Degree College for Women, Kathua, we are dedicated to fostering an environment that encourages holistic development, enabling our students to become valuable and responsible members of society.

*“विवेकख्यातिरविप्लवाहानोपायः।”*

*“Uninterrupted practice of discrimination is the means to liberation and the cessation of ignorance.”*

I take this opportunity to thank the teachers, nonteaching staff, students and all the stakeholders for their individual and collective endeavors in making the college a premier institute of higher education.

**Prof. (Dr.) Savi Behl**  
**Principal**



## **Editor's Message**



I am honoured to serve as the Convener of the Newsletter Committee and am delighted to present this issue covering the significant academic and co-curricular activities from January to June 2023. My heartfelt thanks to our esteemed Principal, Dr. Savi Behl, for her unwavering support and encouragement, which played a pivotal role in bringing this issue to fruition. The Newsletter serves as a valuable platform for documenting and sharing the college's activities, fostering the exchange of best practices and information among stakeholders. I extend my gratitude to the dedicated Newsletter team for their exceptional commitment and contributions to elevating IRAVATI vol-2. Now, we hand over the Newsletter to our readers. Your constructive suggestions and feedback are always welcomed wholeheartedly.

**Dr. Rachna Devi**  
**(Convener)**

## About the College



Established in 2005 by the Government of Jammu & Kashmir with an initial focus on the Arts stream, Government Degree College for Women, Kathua, expanded its academic offerings to include the Science stream starting from the academic session 2010-11. The college has witnessed a consistent rise in student enrolment, with 975 students in the session 2021-22 and an increased count of 1060 students in the session, 2022-23. Accorded recognition by the University Grants Commission (UGC) under section 2(f), 12(B), and achieving a B+ grade accreditation by the National Assessment and Accreditation Council (NAAC) in 2022, the college boasts a sprawling campus spanning approximately 60 *Kanals*. This encompasses Administrative, Academic, and Library Blocks, along with well-equipped modern laboratories. The lush green lawns in front of the Academic blocks contribute to a conducive and learner-friendly environment. Infrastructure highlights include ICT-enabled classrooms, a multipurpose hall, an open-air theatre, a browsing center, a computer lab with internet facilities, sports amenities, and well-equipped science laboratories. The college, committed to a healthy environment, has been declared a Tobacco and Drug-free Zone. Approval for a 30-bedded girls' hostel facility has been secured. Ensuring security, the college is under 24x7 CCTV surveillance. The Multipurpose Hall serves as a versatile space for organizing academic, administrative, and cultural events. Adhering to the National Education Policy (NEP) 2020, the institution offers programs across various disciplines. The current academic repertoire includes English, Education, Sociology, Economics, Political Science, Hindi, Dogri, Music, Sanskrit, Environmental Studies (EVS), History, Public Administration, Food Science & Technology, Home Science, Botany, Zoology, Biotechnology, Chemistry, Mathematics, Geography, Physics, and Computer Applications.

**NAAC**  
**(Certificate of Accreditation)**



**राष्ट्रीय मूल्यांकन एवं प्रत्यायन परिषद**  
विश्वविद्यालय अनुदान आयोग का स्थापित संस्थान  
**NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL**  
*An Autonomous Institution of the University Grants Commission*

*Certificate of Accreditation*

*The Executive Committee of the  
National Assessment and Accreditation Council  
is pleased to declare  
Government Degree College for Women, Kathua  
Tal. and Dist. Kathua, affiliated to University of Jammu,  
Jammu and Kashmir as  
Accredited  
with *CSPA* of 2.62 on four point scale  
at *B\** grade  
valid up to August 29, 2027*

*Date : August 30, 2022*



*C. C. Sema*  
Director

# Editorial Board



We are delighted to present our college newsletter, "IRAWATI VOI-2," bringing forth a sense of joy and fulfilment. Crafting this issue involved dedicated efforts, and we sincerely hope that your reading experience mirrors the enjoyment we derived from its creation.

**Chief Patron:** Prof. (Dr.) Savi Behl, Principal

**Editor-In-Chief:** Dr. Rachna Devi

**Associate Editors:**

- Prof. Romika Bassin
- Prof. Surbhi Gupta
- Prof. Karam Chand
- Dr. Mukesh Kumari
- Dr. Varchaskam Sharma
- Dr. Ajay Sanotra
- Prof. Satish Khajuria
- Ms. Anu Radha

## A Chronicle of Endeavours: January to June, 2023

### January 2023

#### **7 Day Long Winter Camp organized by NSS unit**

03 -01-2023

The 7-Day Long Winter Camp was organized by the NSS unit of Government Degree College for Women from December 27, 2022 to January 3, 2023. The event was graced by the presence of our esteemed Chief Guest, Dr. Sangita Nagari, the revered Principal of the college, and Guest of Honour, Sh. Ramesh Kumar. The function commenced with a warm welcome to the guests, followed by a ceremonial lighting, *Saraswati Vandana*, and a soulful rendition of the NSS song by the dedicated NSS volunteers. Dr. Arun Dev Singh, NSS programme officer presented a detailed report on the various activities undertaken during the camp, including a cleanliness drive, door-to-door campaign, and a lecture on "EAT HEALTHY, STAY HEALTHY." A significant highlight was the massive plantation drive, where 80 trees of different varieties were planted. The NSS volunteers actively participated in Swachhta Rally, cleanliness and plantation drive of water bodies, and showcased their cultural talents with great enthusiasm. The audience and guests were captivated by their performances. Dr. Sangita Nagari, Principal of the college, in her address, praised the efforts of NSS volunteers, acknowledging their vital role in community service. She emphasized how their participation in the camp contributes to personal development, confidence-building, and an overall sense of well-being. The NSS Volunteers honored include: Ms. Kamakshi Andotra, attended Republic Day Camp New-Delhi 2022, Ms. Vidhi Kousal, attended NIC, Ms. Rashi Rajput, attended NIC, Ms. Palvi Sharma attended National women commission New-Delhi, Ms. Riyanka attended Pre- Republic Day Camp and Ms. Dhara Sudan, received Best Volunteer Award of 7 Day Long Winter Camp. Ms. Kamakshi Andotra was given Best NSS Volunteer of the Year 2021-22. Dr. Arun Dev Singh extended gratitude to Dr. Sangita Nagari, Sh. Ramesh Kumar, and all the supporting entities, including the Ministry of Youth Affairs and Sports, Government of India, Regional Directorate NSS Delhi, Dr. Yasmeen Ashai, Director colleges, Dr. Hema Gandotra, NSS Co-ordinator University of Jammu, and the media persons for their extensive coverage. The success of this winter camp is a testament to the dedication and enthusiasm of our NSS volunteers.



## **Organization of Intra-College Slogan Writing Competition on National Youth Day**

*12/01/2023*

In the spirit of Azadi Ka Amrut Mahotsav, the NSS unit of Government Degree College for Women, Kathua organized an Intra-College Slogan Writing Competition on National Youth Day, January 12, 2023. This event was dedicated to the memory of Swami Vivekananda, a revered global figure who advocated harmony, peace, and brotherhood among people worldwide. Ten enthusiastic students and NSS volunteers participated in the competition, each presenting unique ideas and thoughts encapsulating Swami Vivekananda's life and principles. Dr. Sangita Nagari, Principal of the college, played a pivotal role in encouraging and supporting the participants. She shared insights into Swami Ji's mission, emphasizing his selfless dedication to humanity. The Slogan Writing Competition not only provided a platform for creative expression but also served as a tribute to the enduring legacy of Swami Vivekananda. The event highlighted the significance of National Youth Day in fostering a sense of responsibility and social consciousness among the college community. The participants' dedication and the continuous support of the college administration reaffirm the importance of such initiatives in shaping the personalities of students and NSS volunteers.



## ***An Awareness camp was organized to observe National Youth Day***

***12-01-2023***

Government Degree College for Women, Kathua, in collaboration with the District Legal Services Authority, Kathua, organized a thought-provoking awareness camp on the theme "IT's All IN THE MINDS" to observe National Youth Day on January 12, 2023. The event, spearheaded by the CASH Committee of the college, aimed to enlighten the youth about their legal rights and responsibilities. Prof. Shivani Sharma, HOD, Mathematics commenced the event with a warm welcome address, setting the stage for the insightful discussions that followed. Advocates Mukesh Talotra and Ankush Sharma served as resource persons, sharing their expertise with the engaged audience. Dr. Sangita Nagari, the esteemed Principal of the college, addressed the students, emphasizing the significance of conducting such events. She stressed that the youth, being a crucial element in societal progress, must be well-informed about their rights and duties. Acknowledging the persistent gender disparities in society, Empowering women with knowledge about their rights is a fundamental step towards fostering gender equality. Dr. Babita Jamwal, Convenor of the CASH Committee, expressed gratitude to the resource persons, highlighting the valuable insights shared during the event. The presence of Prof. Ravinder Kour, Dr. Naresh Sharma, Dr. Poonam Sambyal, Prof. Raj Kumari, and Dr. Rajni Khajuria added to the significance of the occasion.



## ***NCC Cadets from GDCW Kathua Excel in 10 km Marathon***

***15-01-2023***

In a remarkable display of endurance and athleticism, NCC Cadets from Government Degree College for Women (GDCW), Kathua, showcased their running prowess at the 10 km Marathon held at the University of Jammu on January 15, 2023. The dedicated efforts of Cadet Ms. Rama Ladhwal were particularly noteworthy as she secured the impressive 3rd position in the competition. The outstanding performance of the NCC Cadets not only brings honour to the college but also highlights the commitment to physical fitness and competitive spirit instilled in the students at GDCW Kathua.



## **NSS Volunteers Showcase Artistic Talents in National Drawing Competition**

*15-01-2023*

NSS volunteers from Government Degree College for Women (GDCW), Kathua, demonstrated their artistic flair by participating in a Drawing Competition organized by the Ministry of Information and Broadcasting, Government of India. The competition, held to encourage creativity and artistic expression, witnessed enthusiastic participation from the talented volunteers. The students' engagement in such national events not only fosters their artistic skills but also brings recognition to the college on a broader platform. The college community commends the NSS volunteers for their active involvement and artistic contributions.



## **National Voters Day Celebrated with Enthusiasm**

25-01-2023

Government Degree College for Women, Kathua, marked National Voters Day on January 25, 2023, with vibrant celebrations organized by the NSS unit, under the esteemed patronage of Dr. Sangita Nagari, the college Principal. The event commenced with a warm welcome address by Dr. Arun Dev Singh, NSS Programme Officer, in the presence of distinguished faculty members. Two NSS volunteers delivered insightful speeches on the theme "NOTHING LIKE VOTING, I VOTE FOR SURE," aligning with the spirit of Azadi Ka Amrit Mahotsav. The volunteers then actively participated in a rally, which was ceremoniously flagged off by the Deputy Commissioner of Kathua. Adding to the pride of the institution, three NSS volunteers from the college, Ms Abha Jamwal, Ms Kasish Vasisht, and Ms Muskan Thakur, secured top positions in a debate competition organized by the District Election Office Kathua. Ms Abha Ms Jamwal claimed the first position, followed by Ms Kasihsh Vasisht in the second position and Ms Muskan Thakur in the third position. The college community congratulates the NSS unit and participating volunteers for their exemplary contributions and achievements.



## **Fare well party hosted on the Superannuation of Dr. Sangita Nagari, Principal of GDCW Kathua**

Fare well party was organized by Government College for women Kathua by the staff of college on the occasion of Superannuation of Dr Sangita Nagari worthy Principal of the College. She is one of the renowned Principals of Jammu and Kashmir (U.T). She rendered 30 years of services. She worked in various capacities as principal, Administrator, Coordinator IQAC and exemplary teacher who always worked in the interest of Students and institutions. Prof Ashwani Khajuria Senior Faculty of the college while speaking on this occasion, added the virtues of Dr. Sangita Nagari, he said

that he has association with her for 20 years and learned many things of administration which shall be helpful to him for near future Dr. Sangita Nagari was an expert in carrying out NAAC inspection and helped the institutions to get B+ grade. All the staff members including, teaching, non-teaching and Local Fund Employees were available on the occasion and wished her from core of heart "a very happy, cheerful and healthy retired life".



**February 2023**

***NSS and RBC unit of GDCW Kathua organized a Seminar on "Ozone Layer Depletion"***

*11/02/2023*

In line with the global initiative of G20 and Azadi ka Amrut Mahotsav, the NSS Unit and Red Ribbon Club of Government Degree College for Women, Kathua, orchestrated an Intra-College Seminar on "OZONE LAYER DEPLETION." The seminar, held under the patronage of Dr. Savi Behl, the esteemed Principal of the college, aimed to foster awareness among students about this critical environmental concern. Dr. Arun Dev Singh, NSS Programme Officer, underscored the severity of ozone depletion as one of the paramount threats to our planet. Stressing the urgency of addressing this issue, he called for collective action to rectify the problem. Students actively engaged in the seminar, presenting their perspectives on the significance of the ozone layer and delving into the causes of its depletion. The speeches highlighted various problems associated with ozone layer depletion, emphasizing the potential adverse effects on human health and the environment. The participants, including Ms. Riyanka (Sem 5th), Ms Kashish (Sem 3rd), Ms Prakriti (Sem 3rd), and Ms. Neha Sharma (Sem 3rd), received well-deserved prizes for their insightful contributions. The event garnered participation from NSS volunteers and other students, creating a platform for informed discussions and shared understanding. The faculty members, including Prof. Ravinder Kour, Prof. Pankaj Nandan, Dr. Naresh Sharma, Prof. Raj Kumari, Prof. Ritu Raj, Prof. Mukesh Kumari, Dr. Ajay Sanotra, Dr. Deepti Salotra, Dr. Usha Kiran, Dr. Varchaskam Sharma, Prof. Satish Khajuria, Dr. Zahoor, and Prof. Radhika, added their expertise to the occasion.



## ***One-day lecture on the topic “Study Abroad Opportunities.”***

*13/02/2023*

The Career Counselling and Placement Cell in collaboration with the Internal Quality Assurance Cell (IQAC), Government Degree College for Women, Kathua, organized a one-day lecture on "STUDY ABROAD OPPORTUNITIES" on February 13, 2023, guided by the esteemed Principal, Dr. Savi Behl. Mr. Vinay Kamal, a leading Counsellor and Study Abroad Expert, served as the resource person for the program. He delved into the offerings of Gateway Abroad, a global leader in international educational services. The lecture provided students with insights into best practices for realizing their dreams of studying abroad and the benefits of pursuing higher education overseas. Ms. Romika Bassin, Convener of the Career Counselling and Placement Cell, set the tone for the program with a welcoming address, outlining its purpose. 50 students actively participated, seeking correct and updated information on studying abroad from the global perspective. During the interactive session, students enthusiastically engaged with Mr. Vinay Kamal, raising numerous queries. The seminar not only disseminated valuable information but also empowered students to make informed decisions about their higher education prospects abroad. The event culminated with a formal vote of thanks, expressing gratitude to Mr. Vinay Kamal and acknowledging the active participation of Career Counselling and Placement Cell members, including Prof. Pallavi, Ms. Anu Radha, Dr. Vaishno Devi, and Mr. Rahul.



**March 2023**

## ***Organisation of Poster Making and Slogan Writing Competition on “Energy Conservation.”***

*04-03-2023*

In celebration of India's Presidency over the G20 summit and "Azadi ka Amrut Mahotsav," the IQAC, Science Club, and Ek Bharat Shrestha Bharat Club organized an Intra-College Poster Making and Slogan Writing Competition on the crucial topic of "ENERGY CONSERVATION." The event was conducted under the esteemed guidance of Prof. (Dr) Savi Behl, the Principal of the college, Participation came from various students of the college, contributing to the vibrant energy of the competition. The jury, consisting of Dr. Babita Jamwal, Dr. Naresh Sharma, and Prof. Raj Kumari, had the challenging task of selecting the winners. In the Poster Making Competition, Ms. Nivrati, Ms. Shahnaz Akhtar, and Ms. Bharti Devi claimed the first, second, and third positions, respectively. Meanwhile, in the Slogan Writing Competition, Ms. Komal Sharma, Ms. Ritika Kalodra, and Ms. Muskan Thakur & Ms. Shivangi secured the first, second, and third positions. Prof. Ashwani Khajuria, the Convener of the Science Club, commended both students and faculty members for their active participation in this initiative. He stressed the importance of understanding energy conservation as a means to mitigate climate change and urged students to continue engaging in such activities for generating awareness. The presence of Prof. Ravinder Kour, Dr. Babita Jamwal, Dr. Naresh Sharma, Dr. Vaishno Devi, Prof. Raj Kumari, Dr. Poonam Sambyal, and Dr. Ajay Sanotra added to the significance of the event.



## ***Celebration of International Women Day***

**08-03-2023**

In the spirit of Azadi ka Amrut Mahotsav and in connection with the celebration of Indian Presidency over the G20 summit, the IQAC of Govt. Degree College for Women, Kathua, in association with the Indian Science Congress (Jammu Chapter), celebrated International Women's Day on March 8, 2023, with immense zeal and enthusiasm. The Chief Guest, Prof. M.K. Jyoti (Member Executive Body, ISCA Kolkata), and the Guest of Honour, Dr. J.S. Tara (Convener ISCA, Jammu Chapter), graced the occasion. The event commenced with the lighting of the lamp and Saraswati Vandana. Dr. Savi Behl, the Principal of the college, extended a warm welcome to the esteemed guests, expressing gratitude for their presence. In her address, she emphasized the importance of equal rights for women and gender equality and urged society to shed gender bias for the realization of a healthy and inclusive community. Students recited poems and shared their perspectives on the significance of women and gender equality. Two accomplished women entrepreneurs, Ms. Vanita Mahajan and Ms. Neelam Sharma, shared their experiences and encouraged students to venture into start-ups. The Indian Science Congress (Jammu Chapter) and the college honoured them for their entrepreneurial achievements. Prof. Mukesh Kumari conducted the proceedings of the program, while a formal vote of thanks was presented by Prof. Ashwani Khajuria. Dr. Ranvijay Singh (Dean Research Studies, Cluster University of Jammu) and Dr. Chatterpati Sharma also shared their insights on women empowerment. The celebration served as a platform to recognize and celebrate the achievements of women, fostering inspiration and encouragement for the students. The entire faculty and student body actively participated, making the event a resounding success.



## ***Seminar on “Equal Opportunities for men and women”***

**11-03-2023**

Under the banner of Azadi ka Amrut Mahotsav and in connection with the celebration of Indian Presidency over the G20 summit, the IQAC and the English/Hindi/Dogri/Sanskrit/Political Science Department of Government Degree College for Women, Kathua, organized a seminar on "EQUAL OPPORTUNITIES FOR MEN AND WOMEN" on March 11, 2023, with great zeal and enthusiasm. Dr. Savi Behl, the esteemed Principal of the college, graced the occasion as the Chief Guest. The event commenced with the ceremonial lighting of the lamp and Saraswati Vandana. Students of the college actively participated, sharing their views on the importance of gender equality and equal opportunities for both men and women. Dr. Arun Dev Singh, HOD English, and Dr. Mukesh Kumari, HOD Hindi, presented their perspectives on equal rights and gender equality for a healthy society. Dr. Savi Behl, in her address, emphasized the role of innovation, technological change, and education in achieving gender equality and empowering women. She highlighted the significant contributions of women in the digital world and raised awareness about the challenges they face. Prof. Ashwani Khajuria, Prof. Ravinder Kour, Prof. Pankaj Nandan, Dr. Naresh Sharma, Prof. Pallvi, Dr. Ritu Kumar Sharma, Dr. Vaishno Devi, Dr. Varchaskam Sharma, Dr. Usha Kiran, and Dr. Deepti Salotra were actively present, contributing to the success of the event.





## ***Organization of Symposium on “Why Sustainable Development?”***

**13-03-2023**

The IQAC, Eco-Club, and Zoology Department of Government Degree College for Women, Kathua, organized a symposium titled "WHY SUSTAINABLE DEVELOPMENT?" on March 13, 2023. Dr. Savi Behl, the esteemed Principal of the college, graced the occasion as the Chief Guest. The event commenced with the ceremonial lighting of the lamp, and Dr. Poonam Sambyal delivered the welcome address, setting the tone for an enlightening discussion on sustainable development. Students of the college actively presented their views on why sustainable development is crucial, emphasizing the judicious use of available resources and the imperative of maintaining ecological balance. Dr. Savi Behl, in her address, underscored the essential nature of sustainable development to prevent environmental degradation. She stressed the importance of protecting the environment and preventing the overexploitation of resources for the benefit of present and future generations. Ms. Rimsha Sambyal, Ms. Depti Singh, and Ms. Nivrati secured the first, second, and third positions, respectively, in the symposium, showcasing their understanding and commitment to sustainable development. The proceedings of the program were skillfully conducted by Ms. Kasish Vasisht, a student of Sem-IV. Dr. Deepti Salotra, HOD Home Science, presented the vote of thanks, expressing gratitude to all participants and attendees. The faculty members and students actively engaged in the event.



***Lecture on Nasha Mukht Bharat Abhiyan and Prevention of AIDS by Sh. Shivdeep Singh Jamwal, Sr. Superintendent of Police***

**17.03.2023**

The Red Ribbon Club of Government Degree College for Women, Kathua, in collaboration with Jammu and Kashmir AIDS Control Society, organized an informative lecture on March 17, 2023. The event took place under the patronage of Dr. Savi Behl, the esteemed Principal of the college. Sh. Shivdeep Singh Jamwal, the worthy Senior Superintendent of Police (SSP), Kathua, delivered a compelling lecture on the theme of "Nasha Mukht Bharat Abhiyan and Prevention of AIDS." Dr. Arun Dev Singh, the Programme Officer of the Red Ribbon Club, welcomed the guests and initiated the Lamp Lighting Ceremony. During the lecture, SSP Sh. Shivdeep Singh Jamwal shed light on the current status of the drug menace in India, particularly in Kathua district. He highlighted the prevalence of substance abuse among individuals aged 15 to 35, many of whom are unemployed. The disruption caused by COVID-19 was discussed, presenting unique challenges for those with substance use disorders and those in recovery. The speaker emphasized the global efforts, including India's commitment, to eliminate drug abuse, with specific programs targeting affected districts. SSP Jamwal shared insights into the efficient functioning of the police in India and revealed the significant impact on Kathua due to its proximity to Punjab. He urged students to be vigilant, advising them to report any suspicious activities to the police. Furthermore, he stressed the role of society in curbing drug addiction, highlighting the police's role in identification, treatment, and rehabilitation of addicts through volunteer organizations. The lecture was attended by 100 students, along with faculty members, including Prof.

Ashwani Khajuria, Prof. Ravinder Kaur, Prof. Pankaj Nandan, Dr. Babita Jamwal, Dr. Naresh Sharma, Prof. Raj Kumari, Prof. Pallavi, Dr. Rajni Khajuria, Dr. Devi, Dr. Surekha, Dr. Mukesh, Dr. Varchaskam, Prof. Satish Khajuria, Dr. Usha Kiran, Dr. Ritu Raj, Dr. Anupam, and others.



### ***Release of newsletter 'Irawati'***

23.03.2023

On March 23, 2023, Government Degree College for Women, Kathua, marked a momentous occasion with the release of its newsletter 'Irawati.' The event was graced by the presence of distinguished guests: Dr. Ravinder Kumar Tickoo, Principal GDC Samba, Dr. Rajni Bhagat, Principal GDC R.S. Pura, Jammu, and Dr. Savi Behl, Principal GDC for Women, Kathua. Dr. Ravinder Kumar Tickoo, Dr. Rajni Bhagat, and Dr. Savi Behl collectively released the newsletter, acknowledging the efforts put forth by the Editorial Board. Dr. Ravinder Kumar Tickoo congratulated the Editorial Board for their dedicated work and encouraged the faculty to continue contributing with zeal to

strengthen the institution. Dr. Rajni Bhagat commended the efforts of the Editorial Board in compiling the diverse activities of the college in the form of a comprehensive newsletter. The newsletter, compiled by the Editorial Board of the College Newsletter Committee under the supervision of the IQAC Committee, covers all academic, curricular, and co-curricular activities and achievements from May 2022 to December 2022. Prof. Barun Kumar Bhatti served as the convener of the newsletter, alongside Prof. Som Raj, Prof. Pallavi, and Dr. Usha Kiran as members of the Editorial Board. The proceedings of the program were conducted by Dr. Arun Dev Singh, and a formal vote of thanks was presented by Prof. Ashwani Khajuria. Prof. Ravinder Kour, Dr. Naresh Sharma, Prof. Pankaj Nandan, Dr. Poonam Sambyal, and Prof. Shivani Sharma were also present, adding to the significance of the occasion. The release of 'Irawati' not only captures the essence of the college's vibrant activities but also stands as a testament to the collaborative spirit and dedication of the entire college community.



### ***Organization of Poster Making and Slogan Writing Competition on “Energy Conservation”***

**24-03-2023**

In the spirit of celebrating the Indian Presidency over the G20 summit, "Azadi ka Amrut Mahotsav," and World Water Day, an Intra-College Poster Making Competition on the theme "SAVE WATER SAVE LIFE" was organized by the IQAC and NCC Unit of the college. The event took place under the guidance of Dr. Savi Behl, the Principal of the college. Ten NCC Cadets and other college students enthusiastically participated in the competition, showcasing their creativity and commitment to spreading awareness about water conservation. The competition aimed to highlight the importance of saving water for the well-being of individuals and the environment. The participants' efforts were evaluated by a panel of judges comprising Dr.

Naresh Sharma, Prof. Vijay Kumar, and Dr. Anupam Manuhaar. First Position was secured by Cadet Bharti Devi, Second Position was shared between Cadet Muskan Thakur and Cadet Shivangi Devi while Third Position was clinched by Cadet Simran Malhotra. The winners demonstrated not only artistic skills but also a deep understanding of the significance of water conservation. Their posters conveyed powerful messages about the need to protect this precious resource for the present and future generations. The competition served as a platform to engage students in environmental awareness, encouraging them to become advocates for sustainable practices. Prof. Savi Behl, in her role as the Principal, continues to foster initiatives that contribute to the overall development and consciousness of the college community.



**April 2023**

## ***Felicitation of Winners in Intercollegiate Debate Competition on Drug Abuse***

**05-04-2023**

In a closed-knit event held on April 5, 2023, at GDC Kathua, the winners of the Intercollegiate Debate Competition on the topic of Drug Abuse, organized by District Police Kathua, were felicitated. Ms. Aabha, a student of semester II, secured the first prize, while Ms. Muskan Thakur, a student of Semester II, bagged the second prize in the competition. Dr. Savi Behl, the Principal of the college, extended heartfelt congratulations to the victorious students. She commended their dedication and applauded the efforts of both the students and Prof. Shivani Sharma, the Convener of the Drug De-addiction Cell. Dr. Savi Behl encouraged the students to actively participate in similar competitions at the state and national levels, recognizing the potential impact of their voices in addressing societal issues. This recognition not only highlights the talent within the student body but also underscores the commitment of the institution to fostering a culture of active participation and awareness on critical issues.



## ***Documentary Screening on "human cost of drug crisis"***

**06-04-2023**

In a collaborative effort between the Drug De-Addiction Cell and the Department of Computer Applications at Government Degree College for Women, Kathua, an insightful event unfolded on April 6, 2023. Under the guidance of Dr. Savi Behl, the esteemed Principal of the college, Prof. Shivani Sharma, Convener of the Drug De-Addiction Cell, and Prof. Pankaj Nandan (HoD Computer Applications), the screening of documentaries on the theme "HUMAN COST OF DRUG CRISIS" took place. Three impactful documentaries, namely "Udta Hindustan," "Umeed," and "Drug Addiction in India," were screened, shedding light on the prevailing scenario of drug abuse and the ensuing social and financial exploitation, particularly affecting the youth. The event aimed to raise awareness among college students about the alarming situation of substance use, showcasing the struggles of addicts, the impact on their families, and the broader societal repercussions, transcending age, gender, and financial status. The documentaries skillfully highlighted the root causes behind the unprecedented growth in substance use and the devastating effects on society, with a particular focus on the youth. The stories of recovery featured in the documentaries aimed to inspire hope and emphasized the importance of effective, long-lasting treatment. The event attracted a large gathering of students eager to engage with the informative content. Committee members and staff, including Prof. Barun Bhatti, Prof. Pallavi, Dr. Vaishno Devi, Dr. Rajni Khajuria, Dr. Varchaskam Sharma, Dr. Surekha Rani, and Dr. Deepti Salotra, also graced the occasion, adding depth to the discussion and fostering a sense of community engagement.



## ***Seminar on "Health Wellbeing and Sports Agenda for Youth"***

**07-04-2023**

In celebration of World Health Day, the IQAC and the English/Hindi/Dogri/Home Science/Physical Education Department of Govt. Degree College for Women, Kathua, organized an insightful seminar on the Y20 theme: "HEALTH WELLBEING AND SPORTS AGENDA FOR YOUTH." The event, held on April 7, 2023, was marked by great zeal and enthusiasm. Dr. Savi Behl, the esteemed Principal of the college, graced the occasion as the Chief Guest. The proceedings commenced with the ceremonial lighting of the lamp, setting a positive tone for the event. Dr. Arun Dev Singh delivered the welcome address, extending warm greetings to the participants. Students of the college actively shared their perspectives on the significance of health, wellbeing, and sports in the lives of youth. Dr. Savi Behl, in her address, emphasized the importance of healthy living practices, including proper nutrition, avoiding junk foods, getting adequate sleep, managing stress, and regular exercise. She encouraged students to actively participate in sports activities and incorporate daily yoga for enhanced physical and mental well-being. The seminar featured a competition where Ms. Muskan Thakur, Ms. Abha, and Ms. Nandini Bawa secured the first, second, and third positions, respectively. Prof Ravinder Kour and Dr Babita Jamwal served as the esteemed jury members for the event. The event saw the presence of Prof Ashwani Khajuria, Prof Pankaj Nandan, Dr Naresh Sharma, Prof Ritu Kumar Sharma, Dr Vaishno Devi, Dr Usha Kiran, Dr Deepti Salotra, Mr Roshan Lal Sharma, and enthusiastic students.



## ***A one-day lecture on 'Career Opportunities in Higher Education', under G20 for young aspirants***

**07-04-2023**

The Career Counselling and Placement Cell, in collaboration with IQAC, at Government Degree College for Women, Kathua, organized a one-day seminar on 'CAREER OPPORTUNITIES IN HIGHER EDUCATION.' This event, held on April 7, 2023, aimed to guide young aspirants on various career paths post their bachelor's degree. The seminar was conducted under the esteemed guidance of Dr. Savi Behl, the Principal of the college. The distinguished resource person for the talk was Mr. Divay Mahajan, Regional Manager at Sunstone Eduversity. The session commenced with a warm welcome address by Prof. Romika Bassin, the Convener of the Career Counselling and Placement Cell. In her introduction, she outlined the purpose and significance of the program. Mr. Divay Mahajan engaged the students in an informative discussion, shedding light on diverse academic and professional courses available post-graduation. He covered various aspects such as admission procedures, entrance tests, eligibility criteria, examination patterns, assessment criteria, course durations, and job opportunities associated with each. Additionally, he provided insights into pursuing administrative services after completing graduation. The interactive session saw active participation from students, with numerous queries raised and discussed. The resource person was accompanied by Mr. Rupesh Gupta, Manager at Amritsar Group of Colleges, Ms. Diksha, Managing Director, and Ms. Nigatt, Counselor, College Career 360. The occasion was graced by the presence of committee members, including Prof. Ravinder Kour, Prof. Shivani Sharma, Dr. Vaishno Devi, Ms. Anuradha, and Dr. Rajni Khajuria.



## ***Zoological field Trip to National Fish Seed Farm***

**08-04-2023**

In collaboration with the Institutions Innovation Council (IIC) and the Department of Zoology, Govt. Degree College for Women, Kathua organized a stimulating Zoological field trip to the National Fish Seed Farm on April 8, 2023. This educational excursion was specifically designed for students pursuing B.Sc Sem 6th in the Medical Stream, providing them with hands-on experience as an integral part of their curriculum. Dr. Savi Behl, the Principal of the college, encouraged students to actively participate in such field trips, emphasizing the invaluable practical learning and entrepreneurial insights they offer. Coordinated by Dr. Naresh Sharma, IIC Coordinator, and Prof. Meenu Sadhotra, Head of the Department of Zoology, the trip aimed to familiarize students with fish culture and the potential for entrepreneurship in fish farming. During the trip, students were engaged and enlightened about various aspects of fish farming by Mr. Gopal Krishan, Chief Project Officer Fisheries, and Mr. Sandeep Raina, Farm Manager at the National Fish Seed Farm, Kathua. The students, accompanied by Dr. Usha Kiran, Assistant Professor in the Department of Biotechnology, Dr. Deepti Salotra, Assistant Professor in the Department of Home Science, and Mr. Sanjeet Kumar, Lab Bearer, enthusiastically explored the fish farm, gaining valuable insights into the intricacies of fish farming.

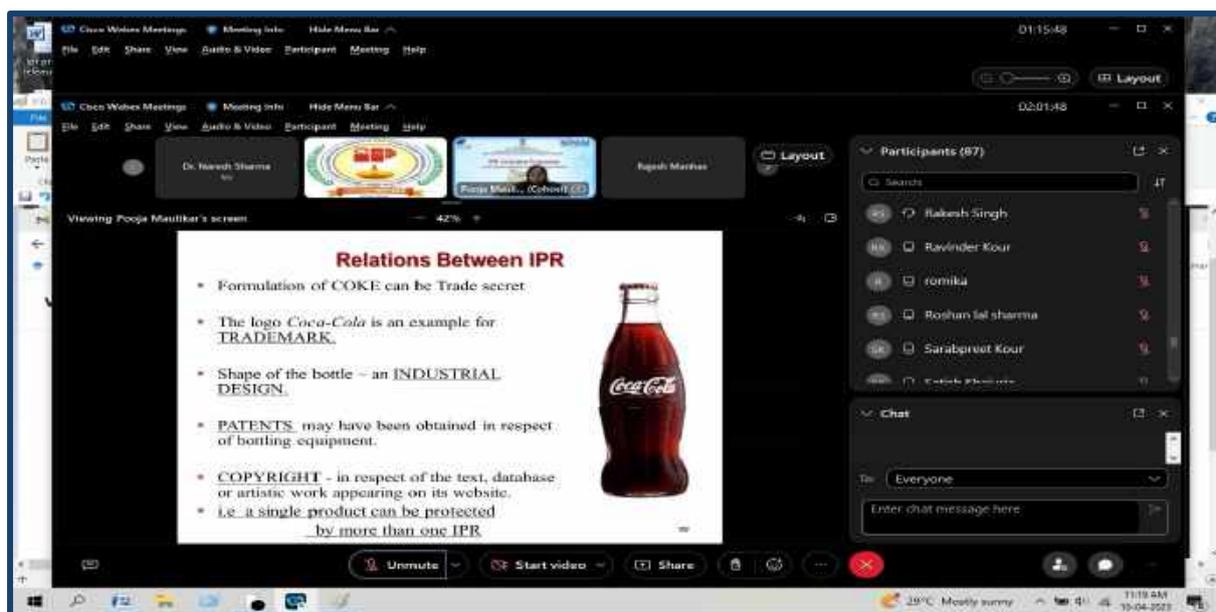




## ***Organisation of One-Day Online workshop on Intellectual Property Rights (IPR)***

**10-04-2023**

The Institution Innovation Council and Internal Quality Assurance Cell (IQAC) of Govt. Degree College for Women, Kathua, took a significant step towards fostering innovation and knowledge by organizing a One-Day Online Workshop on Intellectual Property Rights (IPR) - Patents, Designs, etc. The workshop, held under the National Intellectual Property Awareness Mission (NIPAM), aimed to celebrate Indian Presidency over the G20 summit. Ms. Pooja Vishal Maulikar, Examiner of Patents and Designs from the Rajiv Gandhi National Institute of Intellectual Property Management, Nagpur, served as the esteemed resource person for the workshop. The event commenced with a warm welcome speech by Dr. Savi Behl, the Esteemed Principal of the college. She emphasized the importance of organizing workshops on IPR to enhance the knowledge of faculty members on patents, copyrights, and technology sharing. She appreciated the initiative taken by the IIC and IQAC of the college in organizing this event, recognizing its direct impact on institutional and national growth. Ms. Pooja Vishal Maulikar, in her role as the resource person, delivered a comprehensive lecture covering fundamental concepts of IPR, patents, and the procedural aspects of filing patents for research, innovation, and technology. Faculty members from various colleges in the Union Territory of Jammu and Kashmir participated in the workshop. Dr. Naresh Sharma, Coordinator IIC, expressed gratitude during the vote of thanks. Dr. Poonam Sambyal, Assistant Professor in Zoology, conducted the proceedings of the program.



## ***Organisation of awareness campaign on the theme "My Vote, My Right"***

**12-04-2023**

The NSS unit, Electoral Literacy Club (ELC), and Ek Bharat Shreshtha Bharat of Government Degree College for Women, Kathua, joined forces to organize an enlightening awareness campaign on the theme "MY VOTE, MY RIGHT." The event, held on April 12, 2023, aimed to spread awareness among students about the electoral process in the country. Under the patronage of Dr. Savi Behl, the esteemed Principal of the college, the campaign included the screening of documentaries. Dr. Arun Dev Singh encouraged students and NSS volunteers to approach the voting process with sincerity and inspire others to do the same. Dr. Savi Behl, the Principal, addressed the students and highlighted various government initiatives, including digital programs, launched to enhance civic participation. She emphasized the enormity of the election process in India, conducted under the meticulous supervision of the Election Commission.



## ***One-day lecture on 'Career after Graduation', under G20 for young aspirants***

**12-04-2023**

The Career Counselling and Placement Cell, in collaboration with IQAC, Government Degree College for Women, Kathua, organized a one-day lecture on 'CAREER AFTER GRADUATION' on April 12, 2023. The session, held under the guidance of Dr. Savi Behl, the esteemed Principal of the college, featured Mr. Surjeet, Career Counselling Officer from the District Employment & Counselling Centre, Kathua, as the resource person. The program commenced with a welcome address by Prof. Romika Bassin, Convener of the Career Counselling and Placement Cell. During the session, Mr. Surjeet covered various academic and professional courses, shedding light on platforms like NCS (National Career Service Portal), State Employment Portal (JKEMP), and the Self-Employment Scheme of the J&K Government. The resource person discussed the admission process, course durations, and the multitude of opportunities available for graduates seeking a bright future. The interactive session witnessed active participation from students, who raised numerous queries, seeking guidance for their career paths. The event was graced by the presence of committee members, including Prof. Ravinder Kour, Prof. Barun Bhatti, Prof. Shivani Sharma, Dr. Vaishno Devi, Ms. Anu Radha, and Dr. Rajni Khajuria.



### ***Organisation of start-up festival “Start-up Fest”***

**13-04-2023**

The Institution Innovation Council (IIC), IQAC, ECO club, and the Department of Environmental Science at Govt. Degree College for Women, Kathua, organized a dynamic one-day event - the "START-UP FEST." This festival, held under the auspices of Azadi ka Amrut Mahotsav and in connection with the celebration of the Indian Presidency over the G20 summit on April 13, 2023, aimed to foster creativity, innovation, and entrepreneurial thinking among the student community. The esteemed Principal of the college, Dr. Savi Behl, inaugurated the fest, commending the efforts of the IIC and IQAC in organizing the start-up fest. She emphasized that such initiatives are essential to catalyze a start-up culture and build a robust, inclusive ecosystem for innovation and entrepreneurship among students. The "Start-up Fest" sought to systematically nurture a culture of innovation and a start-up ecosystem within educational institutions. The event drew participation from college students and local entrepreneurs who shared ideas and fostered a culture of innovation. More than 18 start-ups representing various sectors such as cooking, cleantech, homemade pickles, best out of waste, and gift paper bags participated in the fest. The IQAC and IIC Committee members, including Prof. Ravinder Kour, Dr. Naresh Sharma, Dr. Babita Jamwal, Dr. Arun Dev Singh, Dr. Poonam Sambyal, Prof. Som Raj,

Dr. Rajni Khajuria, Dr. Ajay Sanotra, Dr. Deepti Salotra, and Dr. Usha Kiran, actively participated, contributing to the success of the event.



### ***Historical Field Trip to 'Jasrota Fort' of Kathua District to celebrate 'World Heritage Day'***

**15-04-2023**

In commemoration of 'World Heritage Day,' the Department of History and the Yuva Tourism Club at Govt. Degree College for Women, Kathua, collaborated with the IQAC to organize a visit to the historical Jasrota Fort in Kathua District on April 15, 2023. The students from B.A. Semester II and VI, guided by the esteemed Principal, Dr. Savi Behl, explored this historical site with the aim of raising awareness about the local heritage of Kathua. The thematic focus of the visit was to enlighten students about the significance of historical monuments and sites, particularly within the Kathua district. Old buildings, such as Jasrota Fort, serve as witnesses to the aesthetic and cultural history of a city, offering people a sense of place and a connection to

the past. 30 students actively participated in this educational and cultural excursion, led by Prof. Romika Bassin, Head of the History Department, and Prof. Ritu Kumar Sharma, Convener of the Yuva Tourism Club.



### ***Awareness Rally on the theme of SVEEP under the Indian presidency of G20***

**17-04-2023**

In a collaborative effort between the NSS Unit and the Electoral Literacy Club, a vibrant awareness rally on the theme "SVEEP" (Systematic Voters Education and Electoral Participation) was organized on April 17, 2023, within the college campus. This initiative, conducted under the Indian presidency of G20, aimed to enhance awareness about the voting process and its overarching significance. The rally, inaugurated by Dr. Savi Behl, the esteemed Principal of the college, witnessed the enthusiastic participation of 100 NSS volunteers and college students. The dedicated organizing team, including Dr. Arun Dev Singh (NSS Programme Officer), Prof. Raj Kumari, Prof. Pallavi, and Dr. Rajni, played a pivotal role in orchestrating the event. The rally commenced from the college, traversed through the Sports Stadium, and concluded back at the college. Dr. Savi Behl addressed the participants, highlighting the crucial role of SVEEP and urging them to disseminate awareness among young voters and the public at large. She commended the students for their creative expressions, including slogans, banners, play cards, and charts, designed to educate electors about the registration process during the rally. As a platform for active engagement, the rally provided an opportunity for volunteers Ms Neha, Ms Nikita, and Ms Minakshi to express their thoughts, contributing to the collective effort of spreading electoral awareness. This event underscores the college's

commitment to fostering responsible and informed citizens who actively participate in the democratic process.



## ***Lecture on "Health Risk of Drugs and Tobacco Consumption"***

**17-04-2023**

The Drug De-Addiction Cell and the Department of Zoology at Government Degree College for Women, Kathua, collaborated to organize an enlightening lecture on "HEALTH RISK OF DRUGS AND TOBACCO CONSUMPTION" on April 17, 2023. The objective was to raise awareness among students regarding the current scenario of drug and tobacco consumption and the associated health risks. The esteemed Principal of the College, Dr. Savi Behl, patronized the event. Dr. Mustafa Ali, Senior Resident in the Department of Psychiatry at GMC Kathua, delivered the lecture, shedding light on the escalating issue of drug dependence and smoking, particularly among the youth. Dr. Ali delved into the different aspects of drug abuse, encompassing the misuse of both illegal drugs and prescription medications. Nicotine dependence and its implications for tobacco addiction were also thoroughly discussed. The speaker outlined various strategies to address these challenges, including exploring addiction treatment options, seeking support for addiction recovery, finding healthy coping mechanisms for stress, and embracing a meaningful, drug-free life. Dr. Ali also provided insights into government initiatives and shared a toll-free number for Tele-MANAS, emphasizing the importance of seeking help. To express gratitude, the college Principal presented Dr. Ali with a memento and a letter of appreciation. Prof. Shivani Sharma, Convener of the Drug De-addiction Cell, extended the vote of thanks. The event witnessed substantial student

participation, contributing to increased awareness of the challenges posed by drug abuse.



## ***Signature Campaign Against Use of Drug and Tobacco***

**29-04-2023**

The Drug De-Addiction Cell/Anti-Tobacco Cell of Government Degree College for Women, Kathua, took a proactive step in addressing the menace of drug and tobacco consumption by launching a "SIGNATURE CAMPAIGN AGAINST USE OF DRUG AND TOBACCO" on April 29, 2023. The initiative aimed to increase awareness among students about the health hazards associated with drug and tobacco use, fostering a drug-free and tobacco-free campus. The esteemed Principal of the College, Dr. Savi Behl, provided patronage to the campaign. The campaign witnessed active participation from the Youth Club and a large number of students who engaged enthusiastically in the drive. Emphasis was placed on understanding the social, physical, emotional, and financial problems linked to drug and tobacco consumption. Participants were encouraged to explore healthy ways to cope with stress and embrace a meaningful, drug-free life. As part of the campaign, a designated area within the college premises was marked as the 'Drug-Free/Tobacco-Free Corner.' The event was coordinated by Prof. Shivani Sharma, Convener of the

Drug De-Addiction Cell/Anti-Tobacco Cell. The committee members and staff, including Prof. Pallavi, Dr. Rajni Khajuria, Dr.Varchaskam Sharma, Dr. Surekha Rani, and Dr. Deepti Salotra, actively participated in supervising the campaign.



**May 2023**

## ***Empowering Futures: Career Counseling and Placement Drive at GDCW Kathua***

*09-05-2023*

On May 9, 2023, the Career Counselling & Placement Cell, in collaboration with IQAC at Government Degree College for Women, Kathua, orchestrated a transformative event, Under the visionary guidance of Dr. Savi Behl, the esteemed Principal, the college joined hands with Bajaj Allianz Group for a one-day lecture and placement drive. The session, enriched by the insights of Mr. Manish Kumar from Bajaj Group, aimed to empower students by providing valuable career guidance and opening doors to exciting placement opportunities. This initiative reflects the college's commitment to nurturing and shaping the future success of its students.



## ***Empowering Minds through Industrial Exposure: Two-Day Industrial Visit***

*11-05-2023 to 12-05-2023*

The IQAC, Institution Innovation Cell, and the Department of Chemistry at Government Degree College for Women, Kathua, orchestrated a

comprehensive two-day Industrial visit to the District Industries Centre, Kathua, on May 11-12, 2023, under the esteemed guidance of Dr. Savi Behl, the college's worthy Principal.

Day 1 - May 11, 2023:

1. Aman Paper Mill Visit: On the first day, students delved into the intricacies of paper manufacturing at Aman Paper Mill. They gained insights into the process of transforming waste paper into new paper. The industry's staff demonstrated the procedures involved and showcased the recycling of wastewater for sustainable use. The visit provided valuable exposure to 45 participating students.
2. B.R. Agrotech Limited (Pesticide Manufacturing Unit): Students then visited B.R. Agrotech Limited, a pesticide manufacturing unit. The industry's staff enlightened them about the formulation and packaging of insecticides and herbicides, contributing to their understanding of the agrochemical industry.
3. Godrej Limited (Cinthol Soap Manufacturing): The day concluded with a visit to Godrej Limited, where students learned about the manufacturing procedures for Cinthol soap. The insights gained offered a holistic view of soap production processes.

Day 2 - May 12, 2023:

1. Aman Paper Mill (Continuation): The second day witnessed another group of students visiting Aman Paper Mill. This visit provided an opportunity for additional students to grasp the intricacies of paper manufacturing, further enriching their knowledge.
2. Fena Pvt. Ltd. Visit: Simultaneously, other students visited Fena Pvt. Ltd., gaining extensive knowledge about testing, formulation, packaging, and storage procedures. The industry staff highlighted their commitment to green practices, emphasizing hazardous waste and wastewater management. The products manufactured by Fena Pvt. Ltd., including detergents and utensil washing cakes, cater to the entire Jammu and Kashmir Union Territory.

The success of this insightful industrial visit was a collaborative effort, with the support of Sh. Prem Singh Chib, General Manager, DIC Kathua, and Mr. Vivek Singh, Industrial Promotion Officer, DIC Kathua. The coordination was overseen by Prof. Ravinder Kour (IQAC Coordinator), Dr. Naresh Sharma (Convenor IIC), and Dr. Babita Jamwal (HOD Chemistry). Accompanied by Prof. Raj Kumari, Dr. Rajni Khajuria, Dr. Dipti Salotra, Dr. Usha Kiran, Mr. Balbir Singh (Lab. Asstt. Chemistry), and Mr. Darshan Singh, the students experienced first-hand the practical aspects of industrial processes and management. This initiative underscores the commitment of Government

Degree College for Women, Kathua, to provide holistic education by integrating theoretical knowledge with real-world applications.



## **National Seminar on "Climate Change and Disaster Risk Reduction: Making Sustainability a Way of Life"**

**19-05-2023**

In a pursuit to address pressing environmental issues and foster academic collaboration, Government Degree College for Women, Kathua, organized a one-day National Seminar on "CLIMATE CHANGE AND DISASTER RISK REDUCTION: MAKING SUSTAINABILITY A WAY OF LIFE" on May 19, 2023. The hybrid-mode seminar brought together esteemed dignitaries, scholars, and experts from various corners of the country. The seminar commenced with a formal welcome by Dr. Savi Behl, the esteemed Principal of the college, who set the stage for discussions on climate change and disaster risk reduction. Dr. Anupma Gupta, Principal GDC Mahreen, Dr. Alka Sharma, Principal GDC Billawar, and Dr. Sangeeta Sudan, Principal GDC Mahanpur, joined Dr. Savi Behl in inaugurating the event. The Chief Guest, Mr. S. Rakesh Kumar (IFS), Director Department of Environment and Remote Sensing UT of J&K, emphasized India's target of achieving carbon neutrality by 2070 and highlighted the efforts in J&K, specifically in the village Palli declared as carbon-neutral. The seminar received 60 abstracts from research scholars and teachers across India, reflecting the widespread interest in the crucial topics discussed. Technical Sessions: Two parallel technical sessions, conducted both offline and online, featured scholars presenting their research papers. The papers explored the diverse impacts of climate change, providing valuable insights for budding scholars engaged in developmental issues. Dr. Netar Singh, Former Principal GDC Kathua, and Dr. M.S. Pathania, Former Principal GDC for Women, Kathua, chaired the technical sessions, guiding discussions on the presented research. Dr. Naresh Sharma, Organizing Secretary, presented the seminar report, highlighting key discussions and outcomes. Prof. Ashwani Khajuria, Convener Science Club, expressed gratitude in the formal vote of thanks for the inaugural session. Prof. Ravinder Kour, IQAC Coordinator, extended thanks in the valedictory session, where e-certificates were distributed among the participant. The National Seminar served as a crucial platform for knowledge exchange and collaborative efforts in addressing the challenges posed by climate change and promoting sustainability.



## **Screening of Documentary under Mission Life**

**25-05-2023**

The Eco Club of Govt. Degree College for Women, Kathua, commemorated World Environmental Day 2023 and Mission Life for the Environment by organizing a documentary screening under "MISSION LIFE" on May 25, 2023. The event aimed to raise awareness among faculty and college students about Life themes, including Save Water, Adopt Healthy Lifestyles, Reduce Waste, Adopt Sustainable Food Systems, Save Energy, and Say No to Single-use Plastic. Under the guidance of Prof (Dr.) Savi Behl, the esteemed Principal, and Dr. Poonam Sambyal, Convener of the Eco Club, the documentary highlighted the need for collective action and environmentally conscious lifestyles. Following the screening, participants shared insights and

pledged to adopt eco-friendly habits. The event witnessed the presence of committee members and staff, fostering a commitment to environmental conservation.



## **Yoga Session Organized at GDCW Kathua**

**26-05-2023**

On June 21, 2023, Government Degree College for Women, Kathua, marked INTERNATIONAL YOGA DAY in collaboration with the NSS unit, NCC, and Sports Department, along with support from the District Ayush Department and District Administration. The event commenced with a warm welcome from Chief Guest Dr. Rakesh Minhas, esteemed Deputy Commissioner Kathua. Master trainers from the Ayush Department demonstrated various yoga asanas following the protocols issued by the Government of India. The master trainers emphasized the numerous health benefits of yoga, including stress reduction and the potential to alleviate various ailments. They highlighted the role of volunteers and NCC cadets in promoting fitness, prosperity, and happiness within society. Dr. Savi Behl, the college principal, expressed gratitude to the Ayush Department and District Administration for providing the opportunity for students, NSS volunteers, NCC cadets, and sports students to participate in this district-level event. Dr. Arun Dev

Singh, NSS Programme Officer, Dr. Vaishno Devi ANO NCC, and Mr. Roshan Lal Sharma, PTI, actively contributed to the success of the event. The celebration aimed to spread awareness about the importance of yoga for overall well-being.



## **Taking a Stand: GDCW Kathua Marks World No Tobacco Day with Pledge Against Tobacco**

31-05-2023

On the occasion of WORLD NO TOBACCO DAY, Drug-De addiction and Anti-Tobacco Cell of Government Degree college for Women , Kathua organised a Pledge against use of tobacco to celebrate the occasion. Dr. Savi Behl, worthy Principal of the college, apprised the students about the rampant tobacco menace in the country and particularly among the young generation irrespective of the gender. She urged the students to take strict note of the

tobacco addiction/ activities in their surroundings. She also highlighted the importance of recreational activities and spending time in physical activities like sports, fitness to keep oneself stress free and away from any kind of addiction. The event was concluded by Pledge against Tobacco, which was taken by students and the faculty members of the college. Prof. Shivani Sharma, Convener Drug De- addiction and Anti- Tobacco Cell, Prof. Pallavi, Dr. Surekha Rani, Dr. Varchaskam, Dr. Deepti Salotra, Dr. Ajay Sanotra, Prof. Satish Khajuria, Prof. Vijay were also present at the event.



## **Organisation of Walkathon at GDCW Kathua**

**02-06-2023**

In celebration of WORLD BICYCLE DAY, Government Degree College for Women, Kathua, orchestrated a spirited Walkathon on June 2, 2023, under the G20 Presidency of India. The event, organized by the NSS, RRC, NCC units, and the Sports Department, received widespread participation from enthusiastic students. Dr.Savi Behl, the esteemed Principal of the college, flagged off the Walkathon, commending the efforts of Dr. Arun Dev Singh, NSS Programme Officer, Dr.Vaishno Devi, NCC ANO, and Mr. Roshan Lal Sharma, PTI, for their commendable organization. Dr.Behl emphasized the health benefits of walking, encouraging participants to adopt a healthy lifestyle to reduce stress and improve physical well-being. She also highlighted the positive impact of eco-friendly practices like cycling in creating a pollution-free environment. The Walkathon showcased the college's commitment to fostering fitness, prosperity, and happiness among

students and the community, aligning with the spirit of World Bicycle Day and the G20 Presidency initiative.



## **Celebration of “World Environmental Day 2023”**

**05-06-2023**

The Eco Club at Government Degree College for Women, Kathua, celebrated "WORLD ENVIRONMENT DAY 2023" on June 5th, under the guidance of Prof (Dr.) Savi Behl, the esteemed Principal of the college. Students, along with teaching and non-teaching staff, gathered to take the "Lifestyle for Environment Pledge," committing to adopting environmentally friendly habits. The pledge aimed to raise awareness among students about the urgent need to protect the environment and make conscious choices in their daily lives for a greener and more sustainable future. Dr. Poonam Sambyal, the Convener of the Eco-Club, conducted the program, marking a significant step toward instilling environmental consciousness and a sense of responsibility among the youth for a mass movement towards an environmentally conscious lifestyle.



## **GDCW Kathua Observes World Blood Donors Day with Informative Awareness**

**14-06-2023**

On June 14, 2023, Government Degree College for Women, Kathua, organized an awareness program on WORLD BLOOD DONOR DAY under the Azadi Ka Amrit Mahotsav, led by the NSS unit and College Red Ribbon Club. Dr. Savi Behl, the esteemed Principal, commended Dr. Arun Dev Singh, NSS Programme officer, and the organizing team for their efforts in conducting an informative program. The initiative aimed to inspire volunteers and students to actively participate in blood donation drives, emphasizing the noble cause of humanity. Dr. Savi Behl highlighted the significance of June 14 as a day to appreciate voluntary blood donors globally and promote universal access to safe blood transfusion. Dr. Arun Dev Singh emphasized the precious nature of each blood donation, underscoring the importance of repeat donations for building a safe and sustainable blood supply. The NSS and Red Ribbon Club volunteers pledged to spread the message, "Give blood, give Plasma, share life, share often," across society, contributing to the well-being of individuals and promoting physical and mental wellness. The well-organized program was executed by Prof. Satish Khajuria, with the presence of faculty members and enthusiastic participation from the college community.



## **GDCW Kathua Celebrates International Yoga Day in Collaboration with Ayush Department and District Administration**

**21-06-2023**

A Yoga Session was organized by NSS, RRC, NCC, Sports Department of Govt. Degree College for women, Kathua in collaboration with Department of Ayush Health unit of district Kathua on 26-05-2023. The entire Programme was organized under the patronage of Dr Savi Behl worthy Principal of the college. Dr Rekha Medical Officer, Mr Ankush, Mrs. Aditi Yoga expert and Mr Rajeev Kumar official represented from Ayush Department Kathua. The Programme was started by welcome speech by Dr Arun Dev Singh NSS Programme Officer. Dr Savi Behl, esteemed, Principal Govt Degree College for Women Kathua spoke on this occasion, she appreciated the effort of Dr. Arun Dev Singh, NSS Programme officer, Dr.Vaishno Devi ANO, NCC, Mr Roshan Lal PTI and Prof Satish Khajuria in charge ABHA unit for organizing

such a wonderful yoga session with the benign help of Department of Ayush in which all the NSS,RRC Volunteers and NCC Cadets participated with great zeal and enthusiasm. She encouraged and supported the volunteers by saying that Yoga is beneficial for our health and day to day routine work which will definitely reduce the tension, stress and work pressure. Dr Rekha also conveyed among the participants that by doing yoga we can minimize our mental, physical and emotional stress and we must follow it as routine habit if we want to be hale and hearty. Mr Ankush and Aditi displayed different Yoga asana's which would be helpful for all the participants in their life and gave valuable tips to them so that they may have healthy, congenial and disease free life. The following staff members were present: Dr Ashwani Khajuria, Dr Vijay, Dr Rajni Khajuria, Dr Mukesh, Dr Varchaskam, Dr Ajay Sanotra, Dr Ritu Raj, Dr Usha Kiran, Mr. Roshan Lal Sharma PTI and non-teaching Staff as well.



## **A Visit to Addiction Treatment Centre, GMC Kathua to observe International Day Against Drug Abuse and Illicit Trafficking**

26-06-2023

In observance of the International Day Against Drug Abuse and Illicit Trafficking on June 26, Government Degree College for Women, Kathua, organized a visit to the Addiction Treatment Facility (ATF) centre at GMC, Kathua. Aligned with the official theme, "PEOPLE FIRST: STOP STIGMA AND DISCRIMINATION, STRENGTHEN PREVENTION," the visit aimed to raise awareness about treating drug users with respect, offering alternatives to punishment, and emphasizing prevention. The Drug De-Addiction Cell, in

collaboration with the NCC unit, facilitated the visit, providing students with a firsthand experience of the facilities available for treating drug-addicted patients at GMC, Kathua. Dr. Deksha, Medical Officer at the Department of Psychiatry GMC, Kathua, explained the treatment process, while Dr. Mustafa Ali, Assistant Professor, emphasized early identification and evidence-based treatment for substance disorders. The initiative sought to combat drug addiction, promote public health, and contribute to building a drug-free society.



## Faculty Achievements of the College



### **Prof. Ashwani Khajuria, Associate Professor, Department of Food Science & Quality Control**

1. Delivered a Guest lecture on 11.02.2023 during One Day workshop cum Orientation programme on eat right school for nominated Nodal Officers under Eat Right Smart City Challenge an initiative of Housing and Urban Department Govt. of India.
2. Delivered a lecture on 27.02.2023 to faculty and students of the College under series of G20 activities.
3. Delivered a Guest lecture on 25.03.2023 during one Day workshop on Importance of Fortified Foods for Stake holders organised by Jammu Smart City Limited.
4. Acted as Trainer for week long workshop organized by IQAC for College Faculty Members- April 2023.
5. As Convener Science Club organized One day National Seminar “Climate Change and Disaster Risk Reduction: Making Sustainability A Way of Life on 19th of May 2023.



### **Prof. Ravinder Kour, Associate Professor, HOD Physics**

1. Attended two-day awareness seminar on NAAC on 12-13 January, 2023 organized by the GCW Parade Ground, in collaboration with NAAC Bengaluru.
2. Attended one day national workshop on “Research Methodology” organized by Science Club and IQAC of Govt. Degree College (Boys) Kathua on 23 Jan. 2023.
3. Presented Research paper “X-ray Crystallographic Comparison of Pyrazole Subsidiaries” in International Conference on Advanced Technologies ICATCHCOME 2023 at KPR Institute of Engg. and Tech. Coimbatore Tamil Nadu-09-10 Feb. 2023.
4. Participated in one week on-line Short-Term Course on “Optical materials and Characterization Techniques & Synchrotron radiation and Neutron based Characterization Techniques” organized by Department of Physics, NIT Uttarakhand from 24.02.2023 to 03.03.2023.
5. Participated in “Awareness Programme on Assessment and Accreditation of HEIs J&K”, jointly organized by NAAC, Bengaluru and Department of Higher Education J&K Govt. w.e.f. 12-13 January 2023.
6. Attended one day National Workshop on Research Methodology organized by the Science Club, Govt. Degree College (Boys) Kathua in collaboration with the Internal Quality Assurance Cell (IQAC), Govt. Degree College (Boys) Kathua on 23rd of Jan. 2023.



**Dr. Naresh Sharma, Associate Professor, Department of Physics**

1. Attended online one day workshop on Research Methodology Organized by GDC Kathua on 23/01/2023.
2. Attended online awareness lecture on Awareness on Implementation of NEP 2020 for School Education on 26/01/23 Organized by SRM Institute of Science Technology Ramapuram Campus Ramapuram Chennai Tamil Nadu.
3. Attended one day workshop of AISHE on 10 Feb 2023 at University of Jammu.
4. Attended One-week STC on "Optical Materials and Characterization Techniques Synchrotron Radiation and Neutron based Characterization Techniques" to be conducted by Dept. of Physics NIT Uttarakhand through Online w.e.f 24/02/2023 to 03/03/2023.
5. Presented a Paper entitled "X-ray Crystallographic Comparison of Pyrazole Subsidiaries" and awarded best research paper presentation in the 2023, International Conference (Hybrid mode) on Advanced Technologies in Chemical Construction and Mechanical Sciences ICATCHCOME 2023, 09 - 10 February 2023, Coimbatore INDIA.
6. Attended One-week STC on "Optical Materials and Characterization Techniques. Characterization Techniques" to be conducted by Dept. of Physics NIT Uttarakhand through Online w.e.f 24/02/2023 to 03/03/2023.
7. Presented paper through online mode in Two Days MD National Conference on Recent trends in Research and Innovation on March 15-16 2023 at GDC Thannamandi Rajouri.
8. Organized One-Day Online workshop on Intellectual Property Rights IPR on 10.04.2023.
9. As Convener IIC of the college Organized one day start-up festival "Start-up Fest" on 13.04.2023.
10. As Organizing Secretary Organized One-Day National seminar at GDCW Kathua on "Climate Change and Disaster Risk Reduction: Making Sustainability a Way of Life" on 19th May 2023.



**Prof. Romika Bassin, Assistant Professor, HOD History**

1. Participated in two days National level online workshop on Research Methodology on 21 -22 Feb.2023 conducted by St. Anne's Arts and Science College.
2. Attended Heritage Matters 25/World Heritage 50 Years on Transformations, Tourism and interpretation on 22nd March 2023 organized by Anant National University.
3. Participated in IPS Awareness/Training Programme under National Intellectual Property.
4. Awareness Mission on April 10, 2023 organized by Govt. of India.
5. Presented paper on Climate Change and its Effects on Historical Monuments in the one day.
6. National seminar organized by Govt. Degree College for Women Kathua on 19-05-2023.



**Prof. Ambika Rajput, Assistant Professor, Department of English**

1. Presented paper in International Conference organized by Govt. Degree College Mahanpur on “Evolving Education in India: Challenges and prospects with putting values of Education in youth” on march 28th 2023.
2. Participated in One day international seminar on UN International Youth Day International Council for education, research and training on 12, August 2023.
3. Participated in one day workshop on “Creation of open educational resources, 3rd April 2023 organized by Gurushala & K.R Mangalam university, Gurugram Haryana.



**Dr. Poonam Sambyal, Assistant Professor, Department of Zoology**

1. Attended 02 Days “Young Start-up Conclave, Kathua 2023 CSIR-Indian Institute of Integrative Medicine” organized by CSIR-Indian Institute of Integrative Medicine at Government Degree College, Kathua on 28th -29th January 2023.
2. Organized a Symposium on “Why Sustainable Development” by IQAC, Eco-Club and Department of Zoology of Government Degree College for Women, Kathua on 13th March 2023.
3. Organized an Awareness Program on “Solid Waste Management” by Eco-Club and Department of Environment Sciences of Government Degree College for Women, Kathua in collaboration with District Legal Services Authority, Municipal Authorities, Local Bodies and District Pollution Control Board Kathua on 24th March 2023.
4. Participated in IPR workshop organized by Government Degree College for Women Kathua on-10th April 2023.
5. Worked and Participated under IIC of the College for Exhibition on 13.04.2023.
6. Organized Lecture on “Health risk of Tobacco Consumption” in collaboration with Drug-de Addiction Cell and Department of Zoology on 17.04.2023.
7. Organized Poster Presentation under Mission Life on 22.05.2023
8. Organized Screening of Documentary under Mission Life on 25.05.2023.
9. Attended National seminar on “Climate Change and Disaster risk Reduction making Sustainability a way of life” Organized by Government Degree College for Women Kathua.



**Prof. Vijay Kumar, Assistant Professor, HOD Sociology**

1. Participated in one week FDP on the theme” Indian Knowledge Systems” organized from 02 Jan 2023 to 08 Jan 2023 in association with CTEF Delhi NCR Chapter and Viva Education.
2. Attended one day National Workshop on Research Methodology organized by science club GDCBoys Kathua on 23 Jan 2023.
3. Attended FDP Hybrid Mode On quot Teaching Pedagogy Outcome Based Education System in NEP 2020quot 20 – 26 February 2023.
4. Attended “online workshop on IPR-Patents Designs process

	<p>etc.under National Intellectual Property Awareness Mission NIPAM on April 10 2023 organized by Intellectual Property Office India</p> <ol style="list-style-type: none"> <li>5. Attended FDP on topic “Intellectual Property Right” organized by KIIT College Of Education Sohna Road Gurugram in collaboration with Council for teachers professional Development India on 21st March,2023</li> <li>6. Has presented a paper on “The United Nation’s; Approach to Climate Change Adaptation and Mitigation:A Comprehensive Review” in the one-day NationalSeminar organized by GDC For Women Kathua on 19-05-2023.</li> </ol>
	<p><b>Prof. Ritu Kumar Sharma, Assistant Professor, Department of Dogri</b></p> <ol style="list-style-type: none"> <li>1. Attended 8 days National workshop on NRLC Patiala organized by CIIL Mysore, Jan 2023</li> <li>2 Attended seminar on Nashamukt Bharat organized by Red ribbon club and IQAC GCW Kathua on March, 2023</li> <li>3 Presented paper in seminar organized at GCW Kathua,May,2023</li> <li>4 Attended 36 hours course on NEP on Samarth portal organized by IGNOU New Delhi, <b>June 2023</b></li> </ol>
	<p><b>Prof. Pallavi, Assistant Professor, Department of Political Science</b></p> <ol style="list-style-type: none"> <li>1. Attended One Day National Workshop on Research methodology organized by Govt. Degree College (boys), kathua on 23rd Jan, 2023.</li> <li>2. Attended IP Awareness/Training Program under National Intellectual Property Awareness Mission on 10 April 2023 organized by Intellectual Property Office India.</li> <li>3. Presented a paper on “The United Nation’s approach to climate change adaptation and mitigation: A comprehensive review” in the one-day National Seminar on “Climate change and disaster risk reduction: Making sustainability a way of life” organized by Govt. Degree College for Women, Kathua on 19-05-2023.</li> </ol>
	<p><b>Dr. Vaishno Devi, Assistant Professor, Department of Dogri</b></p> <ol style="list-style-type: none"> <li>1. Attended one day National Workshop on Research Methodology organized by the science club of govt Degree College Kathua on 23rd January. Got a participation certificate in Young Startup Conclave Kathua on 28th and 29th January at Govt Degree College Kathua.</li> <li>2. Attended IP Awareness Training Program under National Intellectual Property Awareness Mission on 10 -04-2023.</li> <li>3. Attended the National Seminar on “Climate Change and Disaster Risk Reduction: Making Sustainability A Way of Life” at GDCW Kathua.</li> </ol>
	<p><b>Dr. Varchaskam Sharma, Assistant Professor, HOD Sanskrit</b></p> <ol style="list-style-type: none"> <li>1. Authored a book “Gaurikund Avam DevikaMaahaatmya in June, 2023.</li> </ol>



**Dr. Mukesh Kumari, Assistant Professor, HOD Hindi**

1. Delivered lecture in the seminar on 'Equal opportunities for Men and Women' Organized by Hindi/English/Sanskrit/Political Science Department and IQAC of Govt Degree College for Women Kathua on 11 March 2023.
2. Attended Board of Studies meeting in the P. G Dept. Of Hindi (University of Jammu) on 04.05.2023



**Dr. Ajay Sanotra, Assistant Professor, HOD Geography**

1. Attended "online workshop on IPR-Patents Designs process etc under National Intellectual Property Awareness Mission NIPAM on April 10 2023 organized by Intellectual Property Office India.
2. Presented Paper in the One-day National Seminar organized on 19th May 2023. 2. My
3. Paper Titled Antenatal Care Services Utilization in Rural Jammu and Kashmir: An
4. Empirical Study from the Northwestern Himalayan State of India is published in a Journal Demography India.



**Dr. Surekha Rani, Assistant Professor, HOD Music**

1. Attended 8 days FDP on "Philosophical Foundations of Personal and Professional Development of Teacher" Organized by IQAC NEHU Shilong Meghalaya IQAC Moran College Assam SVU Tirupati Andhra Pradesh from 6-7 13-14 20-21 27-28/01/2023.
2. Participated in online International Seminar organized by ICERT on 11/02/2023. Attended National Workshop in World Radio Day- Radio Then and Now on 12/02/2023 organized by Communication Today.



**Prof. Satish Khajuria, Assistant Professor, HOD Public Administration**

1. Attended one day National Workshop on Research Methodology organized by science club GDC Boys Kathua on 23 Jan 2023.
2. Attended One Week International Virtual Faculty Development Program on Research Methods Tools and Techniques for Multidisciplinary Research Design organized by Govt SPMR College of Commerce Jammu and Kashmir India in collaboration with Cape Comorin Trust India.
3. Attended "online workshop on IPR-Patents Designs process etc under National Intellectual Property Awareness Mission NIPAM on April 10 2023 organized by Intellectual Property Office India
4. Presented paper on "Balancing Economic Growth and Environmental Sustainability: A Critical Review of Indian Policies" in the National Seminar Organized by GDCW, Kathua.
5. Completed UGC Approved Short-Term Professional Development Programme Under Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching held from 12 to 20 June 2023



**Dr. Deepti Salotra, Assistant Professor in Home Science**

1. Published Text Book entitled "Introduction to Home Science" (Major/ Minor) for B.A./B.Sc. Home Science students, Semester-I., Vol-1
2. Published Text Book entitled "Entrepreneurship Development" (Major/ Minor) for B.A./B.Sc. Home Science students, Semester-II., Vol-1
3. Contributed Book Chapter in "Digital Education" on "Beneficial Aspects of Blended Learning for College students".
4. Attended 67th International Workshop on "Life Lessons from David Hume" organized by IQAC, Moran College, Assam on 7th January, 2023.
5. Attended 69th International Workshop on "Life Lessons from Auguste Comte for personal and professional Development of Teachers" organized by IQAC, Moran College, Assam on 21st January, 2023.
6. Attended 70th International Workshop on "Philosophical Foundations of Education for Professional Development of Teachers" organized by IQAC, Moran College, Assam on 28th January, 2023.
7. Attended 65th International Workshop on "Qualitative and Quantitative Mixed Methods" organized by IQAC, Moran College, Assam on 3rd February, 2023.
8. Attended Webinar titled "World Radio Day- Radio: Then & Now" organized by Communication Today on 12th February, 2023.
9. Attended 65th International Workshop on "Qualitative and Quantitative Mixed Methods" organized by IQAC, Moran College, Assam on 3rd February, 2023.
10. Workshop on "Creation of Open Educational Resources" organized by Gurushala& K.R. Mangalam University, Haryana on 3rd April, 2023.
11. Presented a paper on "Impact of Climate change on the mental health of vulnerable groups" in one Day National Seminar, organized by IIC, Government Degree College, Kathua



**Dr. Usha Kiran, Assistant Professor in Bio Technology**

1. Attended young startup conclave organised by CSIR IIIM at GCW Kathua.
2. Attended INTERNATIONAL WORKSHOP-CUM-FDP on Develop Your Course Design and Instructional Skills.
3. Attended workshop on Life Lessons from David Hume
4. Attended Seminar organized by NSS and RRC on Ozone Layer Depletion and its effects upon Human Life
5. Attended National Workshop in World Radio Day- Radio Then and Now on 12/02/2023 organized by Communication Today.
6. Editing and release of college Newsletter IRAWATI member of newsletter editorial board Volume II.
7. Participated in lecture on Nash muktbhara tabhiyan prevention of AIDS organized by Red Ribbon Club of GDC women

	<ol style="list-style-type: none"> <li>8. Conducted and participated in Awareness programme on solid waste Attended Seminar on the theme: Health wellbeing and sports agenda for youth.</li> <li>9. Organized and conducted 5-day Computer training to non-teaching staff.</li> <li>10. Introduction of Biotechnology subject (New Subject) in the college.</li> <li>11. Attended One Day National Seminar on Climate Change and Disaster Risk Reduction: Making Sustainability A Way of Life at GDCW Kathua.</li> <li>12. Two Week Interdisciplinary Refresher Course on “Research Methodology and Data Analysis”</li> </ol>
	<p><b>Mr. Roshan Lal Sharma, Physical Training Instructor</b></p> <ol style="list-style-type: none"> <li>1. Paper Titled Antenatal Care Services Utilization in Rural Jammu and Kashmir: An Empirical Study from the Northwestern Himalayan State of India is published in a journal Demography India.</li> <li>2. A seminar was conducted on Y20 theme Health well-being and Sports agenda for youth on 07-04-2023.</li> <li>3. Attended two days international conference on One Earth One Family One Future India Motto for G20 for Presidency w.e.f. 28-04-2023 to 29-04-2023.</li> <li>4. Organized One day National Seminar on 19-06-2023.</li> </ol>

## Achievers

### Excellence in Academics

Govt. Degree College for women Kathua pursues excellence in its teaching and learning and aspires to improve lives through providing accessible, high-quality higher education resulting in employable graduates who advance knowledge and serve society. With a robust academic curriculum and efficient teaching-learning process many of our students have excelled in academics and brought laurels to the institute by obtaining positions in university results during the session Jan-June 2023.

**Deepti, Semester I**

**Got Grade A+(Excellent) with 9.2CGPA**



### Excellence in Sports

Govt. Degree College for Women Kathua pursues excellence in sports also and brought laurels to the institute during the session Jan-June 2023:

1. College Kabaddi team Runner-Up (2nd place) in inter-collegiate Kabaddi Tournament held at Govt. Degree College (Boys),Kathua.



2. Vishali Devi student of B.A 5th sem. represented the University in the North Zone Inter-University Kabaddi Tournament/Competition held at Bhagat Phool Singh University Sonipat.



# सात दिवसीय शीतकालीन सत्र के छठे दिन एनएसएस स्वयंसेविकाओं ने चलाया जल निकायों की स्वच्छता और वृक्षारोपण अभियान

सवेरा न्यूज/कुलदीप शर्मा  
कटुआ, 2 जनवरी : सात दिवसीय शीतकालीन सत्र के आज छठे दिन गवर्नमेंट डिग्री कॉलेज फॉर वूमैन (जीडीसीडब्ल्यू) कटुआ की एनएसएस स्वयंसेविकाओं ने गोद लिए गए गांव चन्नाग्रा में जल निकायों की स्वच्छता और वृक्षारोपण अभियान चलाया।

संपूर्ण कार्यक्रम जीडीसीडब्ल्यू कटुआ की योग्य प्राचार्य डा. संगीता नगरी के संरक्षण में एवं एनएसएस कार्यक्रम में अधिकारी डा. अरुण देव सिंह द्वारा समिर्धत आजादी का अमृत



स्वच्छता और वृक्षारोपण अभियान में भाग लेते एनएसएस वालंटियर्स। (उजुन शर्मा)

महोत्सव, माई कॉलेज, माई प्राइड और माई टाउन, माई प्राइड के तत्वावधान में गोद लिए गए गांव चन्नाग्रा में किया गया। डा. अरुण देव सिंह ने बताया कि एनएसएस स्वयंसेविकाओं ने जल

निकायों में स्वच्छता अभियान, वृक्षारोपण अभियान चलाकर आसपास के क्षेत्रों को साफ करने की पहल की और जल निकायों के पास विभिन्न किस्मों के पेड़ लगाने के लिए गड्डे खोदे और उनका मकसद जल निकायों के साथ-साथ आसपास के क्षेत्रों को साफ करना और स्थानीय लोगों के बीच संदेश फैलाना और यह भी कहा कि स्वच्छता हमारे जीवन का एक महत्वपूर्ण घटक है, यदि आसपास साफ-सुथरा है तो समाज में और लोगों के बीच बीमारियों के फैलने की संभावना कम होती है।

# विश्व साइकिल दिवस पर जीडीसीडब्ल्यू कटुआ में वॉकथान आयोजित

सवेरा न्यूज/कुलदीप शर्मा

कटुआ, 2 जून : भारत के जी20 प्रेसीडेंसी के तहत विश्व साइकिल दिवस मनाने हेतु आज गवर्नमेंट डिग्री कॉलेज फॉर वूमैन (जीडीसीडब्ल्यू), कटुआ की एनएसएस, आरआरसी, एनसीसी इकाइयों और स्पोर्ट्स डिपार्टमेंट द्वारा वॉकथॉन का आयोजन किया गया। पूरा कार्यक्रम कॉलेज की योग्य प्राचार्य डा. सावी बहल के संरक्षण में आयोजित किया गया। वॉकथान को कॉलेज की सम्मानित प्राचार्य डा. सावी बहल ने झंडी दिखाकर खाना किया। इस अवसर पर डा. सावी बहल ने एनएसएस कार्यक्रम अधिकारी, डा. अरुण देव सिंह, डा. वैष्णो देवी एएनओ, एनसीसी, रोशन लाल शर्मा, पीटीआई के इस

तरह के शानदार कार्यक्रम के आयोजन के प्रयासों की सराहना की, जिसमें सभी एनएसएस, आरआरसी स्वयंसेवकों, एनसीसी कैडेटों और खेल के छात्रों ने बड़े उत्साह और उत्साह के साथ भाग लिया। उन्होंने सभी प्रतिभागियों को यह कहकर प्रोत्साहित किया, समर्थन दिया कि टहलना उनके स्वास्थ्य के लिए बहुत फायदेमंद है और यह निश्चित रूप से तनाव, तनाव और काम के दबाव को कम करेगा और उनके शारीरिक स्तर को भी ऊपर उठाएगा। उन्होंने यह भी कहा कि इस तरह की प्रथाओं से जनता के बीच सकारात्मक वातावरण विकसित होगा जो स्वास्थ्य स्तर में सुधार के लिए समाज का मार्ग प्रशस्त करेगा और उन्हें रोग मुक्त बनाएगा।

## Media Bytes

### Intra College Slogan Writing Competition was organized National Youth Day Celebrated by NSS unit GDCW, Kathua



BY CORRESPONDENT  
**KATHUA, JAN 12**

Intra College Slogan Writing Competition was organized National Youth Day by NSS unit GDCW Kathua under the aegis of Azadi Ka Amrit Ka Mahotsav on 12-01-2023 to commemorate specially to Swami Vivekananda the most revered personality of world who gave the message of harmony, peace, and brotherhood, among

the people of world. Near about Ten students and NSS volunteers Participated in the competition and they presented their different ideas and thoughts on Swami Vivekanandas life and his principles which he gave within short span of his life. Dr Sangita Nagari worthy Principal of the College encouraged and supported the participants and conveyed them about the

mission of Swami Ji who devoted his entire life for the sake of humanity she further said that Dr Arun Dev Singh NSS programme Officer always organize such Programmes which help the students and NSS volunteers for developing their personality. Prof Ashwani Khajuria also supported the Participants who took initiative to express their ideas.

### NSS and RRC unit of GDCW Kathua organized a Seminar on "Ozone Layer Depletion"

**KT NEWS SERVICE**

**KATHUA, Feb 11:** The NSS Unit and Red Ribbon Club of Govt. Degree College for Women, Kathua organized an Intra-College Seminar on "Ozone Layer Depletion" to commemorate G20 and Azadi ka Amrut Mahotsav.

The Purpose of seminar is to create awareness among the students. The entire event was conducted under the Patronage of Dr. Savi Behl, worthy Principal of the college. The function started with welcome address of Dr Arun Dev Singh, NSS Programme officer. He briefed the students regarding ozone depletion which is one of the biggest threat to entire earth and emphasized upon the need that this serious issue should be redressed as soon as possible.

The students presented their views on the impor-



tance of Ozone Layer and causes of its depletion. Several problems or issues related to Depletion of Ozone Layer were presented and discussed in detail during the speeches. Ozone Layer depletion must be stopped, if not, it would have serious effect on human health and environment. The NSS volunteers and other students of the college participated in the event.

The participants Ms Riyanka of Sem 5th,

Kashish of Sem 3rd, Prakriti of Sem 3rd and Ms Neha Sharma of Sem 3rd were given prizes on this occasion.

The faculty members Prof Ravinder Kour, Prof Pankaj Nandan, Dr Naresh Sharma, Prof. Raj Kumari, Prof. Ritu Raj, Prof Mukesh Kumari, Dr. Ajay Sanotra, Dr. Deepti Salotra, Dr. Usha Kiran, Dr Varchaskam Sharma, Prof Satish Khajuria, Dr. Zahoor and Prof. Radhika were present in the event.

### GDCW Kathua organized a one -day lecture on the topic " Study Abroad Opportunities"

BY CORRESPONDENT  
KATHUA, FEB 13

Career Counselling and Placement Cell in collaboration with IQAC, Government Degree College for Women, Kathua organized a one -day lecture on the topic " Study Abroad Opportunities" on 13th February, 2023 under the guidance of Dr. Savi Behl, the worthy Principal of the college. Mr. Vinay Kamal, lead Counselor, Study Abroad Expert, was the resource person of programme. He discussed the Gateway Abroad which is a Global leader in International Educational services. They provide the best practices for the students to realize their dream of study abroad and how they would be benefitted



for perusing their higher education in abroad. The seminar helped the students to gather the correct and updated information from the Global Gateway regarding the abroad study.

The programme began with the welcome address of Ms. Romika Bassin, convener of Career Counselling and Placement Cell who outlined the purpose of the programme. About 50

students attended the lecture. During the interactive session, the students actively participated and a lot of queries were raised by the students. The event concluded with formal vote of thanks. The members of Career Counselling and Placement Cell, Ms. Pallavi, Ms. Anu Radha, Ms. Vaishno Devi and Mr. Rahul actively participated for the smooth conduct of programme.

### GDCW Kathua organized Poster Making and Slogan Writing Competition on "Energy Conservation"



■ JL NEWS SERVICE

**KATHUA, Mar 4:** An Intra-College Poster Making and Slogan Writing Competition on the topic "Energy Conservation" was organized by IQAC, Science Club and Ek Bharat Shrestha Bharat Club of the college to celebrate Indian Presidency over G20 summit and "Azadi ka Amrut Mahotsav" under the guidance of Prof. (Dr) Savi Behl, Esteemed Principal of the college. The NSS

Volunteers, NCC Cadets and other students of the college participated in the competition. The winners were selected by the jury members: Dr Babita Jamwal, Dr Naresh Sharma and Ms Raj Kumari.

Ms Nivrati, Ms Shahnaz Akhtar and Ms Bharti Devi were adjudged at first, second and third position respectively, in the Poster Making Competition. Ms Komal Sharma, Ms Ritika Kalodra and Ms Muskan Thakur & Ms Shivangi were

adjudged at first, second and third position respectively in Slogan Writing Competition.

Prof Ashwani Khajuria, Convener Science Club appreciated the students & faculty members for this initiative. He exhorted upon the need to understand the importance of energy conservation as energy conservation can reduce the climate change also. He encouraged the students to participate in such type of activities in future also so that more awareness could be generated for it. Prof Ravinder Kour, Dr Babita Jamwal, Dr Naresh Sharma, Dr. Arun Dev Singh, Dr. Vaishno Devi, Prof Raj Kumari, Dr Poonam Sambyal and Dr. Ajay Sanotra were present in the function.

### Highland Park Kud, Tulip Garden thrown open for public



### GDCW Kathua organises seminar on “Equal Opportunities for Men and Women”

REFUGEE MESSAGE BUREAU  
KATHUA

The IQAC and English/Hindi/ Dogri /Sanskrit/ Pol Science Department of Govt. Degree College for Women, Kathua organised seminar on “Equal Opportunities for men and women” under Azadi ka Amrut Mahotsav and in connection with celebration of Indian Presidency over G20 summit on 11-03-2023 with great zeal and enthusiasm. The Chief Guest of the function was Dr. Savi Behl, Esteemed Principal of the college. The proceedings of the function began with the lightening of lamp and Saraswati Vandana. Dr. Arun Dev Singh presented the welcome address. The students of the college presented their views on the importance of gender equality and equal opportunities for men and women. The



faculty Members Dr Arun Dev Singh, HOD English and Dr Mukesh Kumari, HOD Hindi also presented their views on the equal rights for men and women and Gender Equality for a healthy society. Dr. Savi Behl, Principal, while speaking on the occasion, stressed upon Innovation and technological change; and education in the digital age for achieving gender equality and empowerment of women. She talked about contribution of women in the digital world and raised

awareness on challenges women face, highlighting the role of education in promoting gender equality and meeting the health and developmental needs of women. The proceedings of the programme were conducted Dr Arun Dev Singh. Prof Ashwani Khajuria, Prof Ravinder Kour, Prof Pankaj Nandan, Dr Naresh Sharma, Prof Palvi, Prof Ritu Kumar Sharma, Dr Vaishno Devi, Dr. Varchaskam Sharma, Dr Usha Kiran, Dr Deepti Salotra and students were present on the occasion.

### Govt.College for Women Celebrates International Women Day



GY CORRESPONDENT  
JAMMU, MAR 08

The IQAC of Govt. Degree College for Women, Kathua in association with Indian Science Congress, Jammu Chapter celebrated International Women's Day under Azadi ka Amrut Mahotsav and in connection with celebration of Indian Presidency over G20 summit on 08-03-2023 with great zeal and enthusiasm. The Chief Guest of the function was Prof. M.K. Jyoti (Member Executive Body, ISCA Kolkata) and the guest of honour was Dr. J.S. Tara (Convener ISCA, Jammu Chapter). The proceedings of the function began with the lightening of lamp and

Saraswati Vandana. Dr. Savi Behl, Principal of the college welcomed the esteemed guests Prof. (Dr.) M.K. Jyoti (Member Executive Body, ISCA Kolkata), Dr. J.S. Tara (Convener ISCA, Jammu Chapter), Dr. Ranvijay Singh (Dean Research Studies, Cluster University of Jammu) & Dr. Chatterpati Sharma. While speaking on the occasion, she expressed her views on equal rights for women and Gender Equality and stressed upon the need to shun away gender bias if a healthy society has to be realised.

The students of the institution recited poems and presented their views on the importance

of women and gender equality. Two women entrepreneurs namely Ms. Vanita Mahajan and Ms. Neelam Sharma also shared their experience and encouraged the students to go for startup. They were honoured by the ISCA Jammu Chapter and college for their startups.

All the esteemed guests spoke on the occasion and expressed their views on women empowerment. The proceedings of the programme were conducted by Prof Mukesh Kumari. Formal Vote of thanks was presented by Prof Ashwani Khajuria. All the faculty members and students were present on the occasion.

### NSS, RRC unit of GDCW Kathua celebrate 'World Blood Donor Day'

**REFUGEE MESSAGE BUREAU**  
JAMMU, JUNE 11

An awareness Programme on World Blood Donors Day was organized on 14-06-2023 by NSS unit and College Red Ribbon Club of Government Degree college for women Kathua under the Azadi Ka Amrit Mahotsav. The Programme was conducted under the ablest guidance of Dr Savi Behl, esteemed, Principal of the college. She appreciated and congratulated to Dr Arun Dev Singh, NSS Programme officer, and NSS organizing team members: Prof Raj Kumari, Dr Rajni Khajuria and Dr Surekha for organizing such an informative awareness programme which would encourage and motivate the Volunteers and the students to come forward and donate blood for the noble cause of humanity.

It would help the younger generation to have profound concerns with needy people and would also give positive message among the people of the society. She highlighted that June 14 provides a special opportunity to celebrate and thank voluntary blood donors around the world for their gift of blood and has become a major focus for action towards achieving universal access to safe blood transfusion. Dr Arun Dev Singh said that every single donation is a precious life saving gift and repeat donation is the key



to building a safe and sustainable blood supply. He also said that in many countries, blood services face the challenge of making sufficient blood available, while also ensuring its quality and safety. He told our correspondent that the NSS and Red Ribbon Club volunteers always ready to help the needy persons and also took pledge to bring the slogan for 2023 world Blood Donor Day Campaign is "Give blood, give Plasma, share life, share often to every nook and corner of the society. Every young and healthy

members of society should donate blood so that the human lives can be saved at large and by doing so we may reduce risk of cardiac arrest, weight gain problems, cancer, eliminate many diseases as well and we shall also be able to promote physical and mental wellness among the people. The programme was set up and arranged in a very decent way by Prof Satish Khajuria. The Faculty members were present: Prof Ravinder Kaur, Prof Ritu Raj, Prof Vijay Kumar, Dr Vachaskam Sharma and others.



Principal GDC Kathua lighting ceremonial lamp at inauguration of national seminar at the college on Friday.

### GDC Kathua organizes national seminar

*Excelsior Correspondent*

KATHUA, May 19: Government Degree College for Women, Kathua organised a national seminar on the topic "Climate Change and Disaster Risk Reduction: Making Sustainability a Way of Life", here today.

Distinguished subject experts were invited from all parts of India, who included Dr Harish Chander Dutt from Department of Botany, University of Jammu; Dr Shveta Yadav from Department of EVS, Central University of Jammu and Nodal officer Mission Life; Dr Harvinder Khera, Research Scientist Tata Institute for Genetics and Society, Bangaluru and Dr Prasanjit Acharya, Assistant Professor, Department of Geography Vidyasagar University West Bengal, India.

The conference attracted 60 abstracts from the Research Scholars and teachers from all around India.

Dr Savi Behl, Principal of the college, gave a brief description about the theme of the seminar and hoped that it would provide a platform to bring eminent scholars under one umbrella to foster academic and scientific advancement in a variety of research areas related to the environment and climate change. She informed that the theme was chosen out of the G-

20's themes to highlight the public issues related to health, development of economic, social and political agendas.

The chief guest for the inaugural session was S Rakesh Kumar, Director Department of Environment and Remote Sensing UT of J&K. In his address, he emphasised that the target of the Government of India is to achieve carbon neutrality by 2070 and in J&K village Pali has been declared as carbon neutral.

Dr Anupma Gupta, Principal GDC Mahreen; Dr Alka Sharma, Principal GDC Billawar and Dr Sangeeta Sudan, Principal GDC Mahanpur were present in the seminar. The e-abstract book was released by Prof Pankaj Nandan, Associate Professor, GDC for Women, Kathua.

Two parallel technical sessions were conducted. These were chaired by Dr Netar Singh, former Principal GDC, Kathua and Dr M S Pathania, former Principal GDC for Women, Kathua respectively.

The chief guest of the valedictory session was Ankur Mahajan, Additional District Development Commissioner, Kathua. The seminar report was presented by Dr Naresh Sharma, Organising secretary of the seminar and formal vote of thanks was given by Prof Ashwani Khajuria, Convener Science Club.

